

This list was last updated on 08 April at 09:30 and will be regularly reviewed.

Food and drink

- NEW * Muffins for afternoon/day shift end
- Early morning pastries (for night shift staff)
- Energy drinks
- Bottled water and fruit juices
- Convenient graze boxes or prepacked snacks
- Prepared meals (important: see note below)
- Fruit
- Herbal teas
- Tea and coffee

Welfare items

- Hand cream/moisturiser/protector (2,
- Tissues/wet-wipes/antibacterial wipes
- Body spray
- Shaving materials
- Feminine hygiene items
- Mouth mints (Tic-tacs or similar) (1,0

High value items

- New iPads (250 needed at approx £250)
- Digital radios (200 needed at approx £40)
- Massage chairs (3 needed at approx £3,000): The trust is currently unable to provide staff with the hands on massage treatments that they normally would when they are under stress. We are as a result looking to buy three massage chairs that we could put close to the wards, so that exhausted staff can have some brief respite and stress relief.
- Motorola Walkie Talkie systems (10 needed at approx £120): Whilst wearing face visors for long periods, it is not practical for staff to use mobile phones.

* If you are able to help with the supply or purchase of high value items like these please telephone our Charity Director on 07393 232313

Services

- Transport to and from long shifts
 - Hairdressing *
 - Shopping for essential items
- * We need hairdressers/barbers to come to hospital sites for our staff. Protective wear provided and a fee can be paid.



Food example, click for full image

A note about donating food